

Homemade Gifts with Essential Oils!



merry mint spray

Peppermint = 4 drops
Sweet orange = 6 drops
Vanilla Extract = ¼ teaspoon
Distilled water = 2 oz.
Spray bottle

cozy bath blend

Bergamot = 10 drops
Cinnamon Leaf = 2 drops
Sweet Almond = ½ teaspoon
Lavender = 6 drops
Sea Salt = 2 oz.
Jar

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Merry Mint Spray Instructions

Place all ingredients into spray bottle. Shake contents and mist in the air throughout your home.

Cozy Bath Blend Instructions

Blend sweet almond, bergamot, lavender & Cinnamon leaf oils. Place sea salt in jar. Add the blended oils to the sea salt. Mix together & add to bath water as the tub fills.